



Black Sheep Cycling Club

XC#3 - June 24, 2009

Ailey singletrack - Mapleward Rd.

Sponsored by Cook Engineering

FORMAT: Time trial (1 minute interval timing)

- Lambateur: 1 lap of 500m course

- Sport/Advanced/Elite: 1 lap of 5km course

WEATHER: Sunny and hot, a slight breeze (daytime high of 30 degrees)

COURSE CONDITIONS: Dry

FEMALE LAMBATEUR

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Jaidyn Brown	02:27.62
2	2	Lauryn Brown	02:40.04

FEMALE SPORT 0-15

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Riley Cronk	24:11.24
2	5	Laura Inkila	28:20.91

FEMALE SPORT 16-20

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	2	Kailey Trodd	25:27.41
2	4	Jazmyn Balfour	27:58.62

FEMALE SPORT 21-35

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	3	Keri Brown	25:52.84

FEMALE SPORT 36+

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	6	Karen Lacosse	28:22.00

MALE SPORT 0-15

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	4	Connor Bruce	22:30.56
2	5	Jacob Zavitz	23:28.46
3	11	Joshua Zavitz	31:52.04

MALE SPORT 16-20

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	10	Jared Wallace	30:38.23

MALE SPORT 21-35

CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	3	Nathan Smith	21:50.17
2	6	Kyle Jackson	23:34.59
3	7	Tom Armstrong	25:32.36
		Kevin Kozar	DNS

MALE SPORT 36+			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Chuck Brown	20:33.21
2	2	Steve Zavitz	21:13.40
3	8	Mike Del Nin	26:07.45
4	9	Chris Lacosse	26:55.89
5	12	Dave Nicholson	32:41.38
FEMALE ADVANCED 16-20			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Alison Bortolon	22:17.68
2	2	Lindsay Inkila	22:55.68
FEMALE ADVANCED 36+			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	3	Liz Inkila	29:42.69
MALE ADVANCED 0-15			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	7	Colin Pendziwol	18:59.88
2	13	Steven Chorkaway	21:00.41
3	18	Brian Hiebert	21:57.25
4	21	Kyle Wright	22:10.85
5	22	Nelson Pasciullo	22:30.46
6	28	Jordan Greer	24:40.30
MALE ADVANCED 16-20			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	2	Jordan Hay	18:31.97
2	3	Jordan Miller	18:33.33
3	6	Kyle Lacosse	18:42.85
4	8	Rob Reid	19:42.15
5	10	Josh Buosi	19:48.74
6	11	Steven Uchtenhagen	19:58.54
7	15	Tristan Anderson	21:20.47
8	16	Mark Hill	21:30.22
9	20	Stewart Melnick	22:07.22
MALE ADVANCED 21-35			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	4	Adam Krupper	18:34.11
2	5	Matt Lapointe	18:35.12
3	9	Nathan Petrie	19:43.62
4	12	Roy Summers	20:22.89
5	17	Howard Owen	21:41.13
6	23	Mark Plata	22:37.96
7	24	Rob Moore	22:52.27
8	26	Kevin Huneau	24:06.81
9	27	Will Takacs	24:36.81
MALE ADVANCED 36+			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Gerald Hamm	18:21.28
2	14	Domenik Stangier	21:02.00
3	19	Tom Theodoropoulos	21:59.81
4	25	Brent Anderson	23:30.99

FEMALE ELITE			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Marilyn Ailey	18:45.45
2	2	Katie Spittlehouse	20:04.29
MALE ELITE			
CATEGORY RANK	OVERALL RANK	NAME	TIME (m:s)
1	1	Sam Loud	16:05.40
2	2	Kevin Paradis	16:43.37
3	3	Keith Ailey	16:52.95
4	4	Matt Del Nin	16:59.55
5	5	Lachlan Armstrong	17:28.14
6	6	Jacob Lacosse	17:28.84
7	7	Paul Inkila	20:55.00
DNS=Did Not Start			